

**Exercise Science and Sports Performance Major – 2021–2022 Catalog**

<b>FIRST YEAR</b>			
<u>FALL</u>		<u>SPRING</u>	
*ENG 111	4	*ENG 112	4
*UNI 101	1	PED 206	2
^*HPE 158	3	HPE 200	3
^*PSY 153	4	GENERAL EDUCATION	3
*BIO 101 or 110	4	^PED 157	3
*BIO 101L or 110L	0		
TOTAL HOURS	16.0	TOTAL HOURS	15.0

<b>SECOND YEAR</b>			
<u>FALL</u>		<u>SPRING</u>	
PED 121 (8 Week Course)	.5	BIO 309	5
*COM 100 or 220	3	BIO 309L	0
PED 465	3	OR	PED 202
*BIO 308	5		3
*BIO 308L	0	PED 124 (8 week course)	.5
GENERAL EDUCATION	6	HPE 250	3
		^ATH 200	3
		GENERAL EDUCATION	3
TOTAL HOURS	17.50	TOTAL HOURS	17.5

<b>THIRD YEAR</b>			
<u>FALL</u>		<u>SPRING</u>	
GENERAL EDUCATION	3-6	HPE 325(W)	3
PED 403(W)	3	PED 357	3
PED 356	3	PED 405	3
PED 404	3	PED 126 (8 week course)	.5
^HPE 300	3	GENERAL EDUCATION	6
TOTAL HOURS	15.0 – 18.0	TOTAL HOURS	15.5

<b>FOURTH YEAR</b>			
<u>FALL</u>		<u>SPRING</u>	
PED 349	3	PED 460	2
PED 365	3	PED 455	3
GENERAL EDUCATION	3	PED 492	2
ELECTIVE	3-6	PED 470	4
		PED 457	0
		ELECTIVES	3-6
TOTAL HOURS	12.0-15.0	TOTAL HOURS	14.0-17.0
<b>CSCS AND EX PHYSIOLOGY SPECIALISTS EXAMS</b>			

\*General Education Requirements – Some courses fulfill general education as well as major requirements.

^Courses that are offered each semester.

If students choose to double major and/or minor, the following catalog rule applies: any course applied toward the completion of one major or minor may not also be applied toward the fulfillment of elective requirements in another major or minor.